



«Agreed»

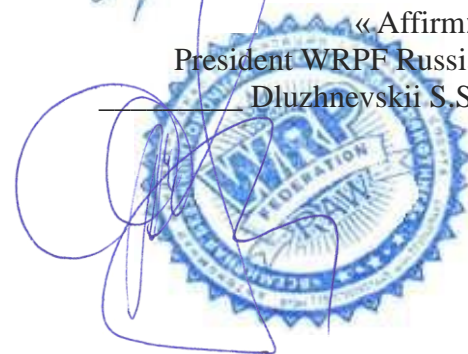
President WRPF

Sarychev K.I.

«Affirm»

President WRPF Russia

Dluzhnevskii S.S.



Competition rule

**WRPF World Open Championship in powerlifting,
push pull, bench press, folk bench press and deadlift
among men and women**

1. Objectives and Rationale:

- identify the strongest athletes in the world and the assignment of sport categories and titles up to the Master of Sport International Category by WRPf;
- fixing Russian, European and world records by WRPf;
- rallying athletes from different countries and training of the teamwork feeling;
- promotion of power, both popular and spectacular sports among the world's population;
- identify of the strongest teams of the participating countries, as well as the winner and prize-winner of small team competition;
- formation of the prestigiousness sports and, in a result, formation of the prestigiousness a healthy lifestyle.

2. Management of Cup.

Broad guide will be taken by presidium of World Raw Powerlifting Federation, her duly represent the president Sarychev Kirill Igorevich and the organizing committee of the tournament in the person of the president of the national offices of WRPf in the Russian Federation Dluzhnevskii Sergei Sergeevich.

3. Dates and Places

The championship will be held October 24-29, 2017.

«Amateurs» and «Amateurs DT» divisions: October 24-27, 2017, Russia, Moscow. The exact address of the venue will be specified later.

«Professional» division: October 28-29, 2017, Moscow Russia.

Location: Exhibition of Economic Achievements, pavilion №75. Websites EEA: <http://vdmh.ru>

Along with the PRO-tournament at the same address will host a festival of sport and exhibition of sport nutrition SN PRO 2017: <http://snpro-expo.com>.

Schedule of weighing and actions will be made on the basis of preliminary applications and will be available from October 09, 2017 on the official website of the federation: <http://wrpf.pro/en/reglament/> and as well as on the official website of the Championship: world-champ.ru.

4. Regulations, referees and drug-testing

Cup's held on the technical rules of the international federation WRP. Read them on our website: <http://wrpf.pro/en/pravila/>.

The top 10% athletes pass drug-test from drug-tested division necessarily has to pass drug test. More information about this can be seen in item 10.

Every team can provide its own referee. The referee has to wear corresponding suit (white shirt, dark trousers) and corresponding category of referee.

The Cup is held in RAW division:

Powerlifting: RAW with knee wraps

Push Pull: RAW

Bench Press: RAW

Bench Press beyond athlete with physical specialty: RAW

Folk Bench Press: RAW

Deadlift: RAW

Allowed to duplicate the successful attempt of powerlifting and power-double-event in to individual movements!

Allowed only certificated referees by World Raw Powerlifting Federation and "Russian Powerlifting Union". Recording for refereeing day by day: dluzhnevskiy@russia-powerlifting.ru. In application write days when you are ready to referee. Referees seminar with ability to pass theoretical part for assigning referee category is going to be before the Cup. Exact day and time will be shown on official web site of the federation: <http://wrpf.pro/en/>.

Organizers:

The President of WRPF: Sarychev Kirill Igorevich.

The Organizing Committee of the tournament in the person of the president of the national offices of WRPF in the Russian Federation Dluzhnevskii Sergei Sergeevich.

The Main referee of amateur division: Dluzhnevskii Sergei Sergeevich (international referee category).

The Main referee of PRO division: Sheiko Boris Ivanovich (international referee category).

The Chairman of Jury of Appeal: Dluzhnevskaya Elvira Sergeevna (international referee category).

The Main Secretary: Novikov Stepan Viktorovich (international referee category).

5. Participants of the Cup.

Athletes from any region of the world older than 14 years old are allowed to take part in competitions. Participants under 14 years are allowed before the competition after personal consideration of the athlete's candidature by the organizers of the competition. Every athlete has to consult with his doctor before taking part in competitions. All athletes perform at their own risk, realizing that they could be seriously injured. Organizers are not responsible for health of the athletes, as well as risks associated with the trauma.

Equipment and uniforms of athletes must comply with the rules of the World Raw Powerlifting Federation / WRPf. Athletes who do not perform with the requirements on equipment and uniforms are not allowed to the platform.

Participants of the Championship can take part in the following divisions:

- amateurs with the selective doping-test;
- amateurs without the selective doping test;
- professionals / PRO.

Age categories:

- professionals: open age category;
- amateurs: teens, juniors, open, masters.

Allowance in Pro division carried out by a personal invitation by organizers of WRPf World Cup 2017 and presidium of WRPf.

High-level athletes who have results at the Wilkes formula not below than 95% of classification standard WRPf PRO and didn't received invitation are «Reserve» of WRPf PRO and may be invited to participate in PRO division of World Championship WRPf 2017.

Athlete who receives a personal invitation and has no plans for performance at the WRPf World Cup 2017 or change his/her decision to participate must notify the organizers no later than 30 (thirty) days before the date of the Cup.

The organizers of the WRPf World Cup 2017 should immediately send a new invitation for the athlete applied for the requiring admission from the list of those who sent application to participate.

All expenses on sending and accommodation of participants of the tournament are holding by participants, their representatives or the organizations.

6. Personal rewarding.

Athletes, who take first three places in age and weight class, get the exclusive medals and diplomas.

Absolute rewarding is held in open age class (24-39), juniors (20-23) and masters (over 40) and calculate by Wilkes formula if there are 8 or more participants in combined age class. Winners and awardees of absolute category get exclusive diplomas, medals or cups, valuable or money prizes with sponsor help. Coaches of absolute winners get memorable prize and diploma.

Valuable (money) prizes distributed among professionals in each nomination of the tournament for the best raised weight (among men) and best coefficient (among men and women) in the following order:

Men «Professionals»

Powerlifting: 1st place: 1500\$; 2d place: 1250\$; 3d place: 750\$.

Bench Press: 1st place: 1500\$; 2d place: 1250\$; 3d place: 750\$.

Deadlift: 1st place: 1500\$; 2d place: 1250\$; 3d place: 750\$.

Deadlift with the straps: 1st place: 750\$; 2d place: 375\$; 3d place: 225\$.

200 kg Bench press for many reps: 1st place: 750\$; 2d place: 375\$; 3d place: 225\$.

Best lifters/Squats: 1st place: 1500\$; 2d place: 1250\$; 3d place: 750\$.

Best lifters / Bench Press: 1st place: 1500\$; 2d place: 1250\$; 3d place: 750\$.

Best lifters / Deadlift: 1st place: 1500\$; 2d place: 1250\$; 3d place: 750\$.

Women «Professionals»

Best lifters/Squats: 1st place 500\$; 2d place: 250\$; 3d place: 150\$.

Best lifters / Bench Press: 1st place 500\$; 2d place: 250\$; 3d place: 150\$.

Best lifters / Deadlift: 1st place 500\$; 2d place: 250\$; 3d place: 150\$.

All awardees or their representatives have to be on awarding ceremony. In other way giving the prizes are not guaranteed.

7. Team organization and application rule.

To apply the team the captains have to send a general application form before 02 October 2017 to e-mail dluzhnevskiy@russia-powerlifting.ru. The form of the team application and as well as a sample of command counting of points will be posted on the website: <http://wrpf.pro/en/dokumenty/>.

It is impossible to change something after the 02 October.

Regardless of whether an athlete performs in the individual competition or for the team, for each separately athlete must be submitted online application on the official website of the Federation:

<http://wrpf.pro/en/zayavka-na-sorevnovanie/>. The «Team» column indicates the name of the team, for individual participant choose «Personally».

8. Team Rewarding.

Awarding teams will take place among the countries - participants of the meet according to the international rules of counting the team classification World Raw Powerlifting Federation (WRPF) described in the technical regulation "General Rules" on page №9 «Team competitions». Rules can be seen here:

<http://wrpf.pro/en/pravila/>.

And also a small team competition among the national teams of the constituent entities of the Russian Federation. The athletes of the team must be from one subject of the Russian Federation - the central city and its region, territory, republic, autonomous region or autonomous district.

The second team rewarding is going to be independent from participant countries and beyond teams. The number of members in one team is unlimited, but not less than 10 (ten) persons. Team points are calculated by amount awards of 15 best results. For each age class every 1st place gives a team 12 points, 2nd place – 9 points, 3rd place – 8 points, 4th place – 7 points, 5th place – 6 points, 6th place – 5 points and so on. 10th place and every next gives a team 1 point. If a sportsman shows the International Master's result – 18 points, Master's result – 12 points.

Teams who winner gets cups and diplomas and any valuable or material prizes if any sponsor help is occurred.

The team captain or her representative is obliged to count the points of his team. Immediately after the end of the tournament, the captain or an authorized representative of the team is required to provide a list of the

15 best performances of his team to the secretariat to verify the correctness of the calculation. If the calculations were not provided, then the team does not participate in the team competition.

9. Applications forms and payments.

Preliminary applications are NECESSARY!!!

Application forms are accepted before the 02 October 2017 (inclusive) via online registration form on official web site of federation: <http://wrpf.pro/en/zayavka-na-sorevnovanie/>.

For single action entry fee is 3500 RUR/63 USD.

For double action entry fee is 6000 RUR/107 USD

The entry fee for third and next nominations is addition on 1500 RUR/27 USD for one nomination.

Entry fee for teenagers 14-16 y.o. and masters 60 y.o. and elder is 3250 RUR/58 USD for single action and 5750 RUR/103 USD for double.

For the drug tested division entry fee is the same plus 850 RUR/15 USD for selective drug test.

For athletes over 70 years old and for athlete with physical specialties with 1st or 2nd disability form application entry fee is free if they take a part in one nomination. For athlete with physical specialties with 3rd disability form entry fee is discounted on 50% if the take a part in one nomination. Athletes of this group pay fee of membership in federation too.

Entry fees cannot be paid back or transferred for another participant.

The athletes pay the entrance fee at the time of the weigh-in.

10. Drug-testing.

Within 30 minutes after the performance in the division with the passing doping control each athlete is obliged to wait for the announcement of the list of the 10% of participants who will be called for the surrender of mandatory doping tests. Getting the bio sample have to be in the presence of doping-officer of WRPf and/or an invited observer, with constant visual inspection in accordance with the «Anti-Doping Rules», adopted by the WRPf. To view this document, as well as a list of banned drugs you can go to the link of the official website of the Federation: <http://wrpf.pro/en/doping-kontrol/dokumenty/>.

If athlete hasn't been mentioned in 10% list, but done qualifying standard and needs a formal assignment of the title of master of sports WRPf or master of sports of international class WRPf to he/she have to pass drug-test and should pay for drug test 8500 RUR/152 USD by himself/herself.

11. Registration of categories.

To get International Master or Master category in WRP federation it is necessary to fill a special online form on official web site of federation needs: <http://wrpf.pro/en/zayavka-na-razryad-zvanie/>.

It is also possible to arrange sports category up to Candidate for Master of Sports (inclusive) at the tournament, after the awards ceremony. To do this you should have a photo 3x4 centimeters, and organizer of championship or a regional representative will prescribe normative-book of the athlete of World Raw Powerlifting Federation /WRPf.

The title International Master or Master category in drug-testing division appropriates under mandatory doping control and reception negative response to the content of banned drugs from the laboratory. If athlete hasn't been mentioned in 10% list, but he wants to pass drug-test he should pay for drug test 8500 RUR/152 USD.

Classification standards by World Raw Powerlifting Federation /WRPF allowed at the official web-site of federation: <http://wrpf.pro/en/normativy/>.

12. Registration of National, European and World Records.

By the results of this Cup National, European and World records of World Raw Powerlifting Federation /WRPF will be fixed. To get the records certificate it is necessary to fill special online form on official web site: <http://wrpf.pro/en/zayavka-na-sertifikat/>.

13. Membership in the World Raw Powerlifting Federation /WRPF

All competitors must be current members of the of World Raw Powerlifting Federation /WRPF at the moment of weighing procedure. The annual membership fee in of World Raw Powerlifting Federation /WRPF is 850 RUR/15 USD. Contribution valid for one year from the date of payment, and recorded in the database of WRP federation.

14. The contract for participation in the competition.

Passing weighing procedure and registration, each athlete is required to sign the reverse side of the registration card. The fact of signing this card is the conclusion of an Agreement on the participation in the competition between the athlete and the organizers.

By signing the card, the athlete agrees with the clauses of this competition rule, as well as with all the points of technical regulations WRP Federation and all of its decisions taken before the start of the competition and published on the official website.

Also, the athlete expressly agrees to the following conditions:

Taking part in the competition, the athlete recognizes that it will require a maximum of physical and psychological stress, which entails a risk of injury or mutilation.

Athlete assumes all risks associated with it, and bears full responsibility for any injury and mutilation, about which he known or not, that he can get.

The athlete is realizing that he is responsible for the control of his health before taking part in the competition, thus confirming conducting regular medical check-up, and the absence of medical contraindications for participation in competitions, respectively, his full physical fitness and voluntarily insured his life and health on the period of participation in competition.

Taking part in the competition, the athlete knowingly waives any claims in the event of injury or mutilation in this tournament, against WRP Federation, the tournament organizers, the owner of the premises, directors, officers, employees, assistants on the platform and all operating personnel of competition.

Athlete voluntarily pays for all charitable contributions intended to repay the costs of the tournament, the production of awards merchandise and other expenses related to the sporting events.

Personal competitor data to be processed in compliance with the requirements of the Law 152-FZ "On personal data".

Athlete acquainted with this competition rule and fully understand its contents.

Athlete voluntarily agrees to accept all of the above paragraph of this provision №14 conditions and thus confirms this by signing a registration card in the presence of the Secretariat on registration and weighing procedure.

15. Backing.

The costs to organize a championship takes on presidium of WRP Federation led by its head of Sarychev Kirill Igorevich and the organizing committee of the WRPF World Cup 2017 in the person of the president of the national offices of WRPF in the Russian Federation Dluzhnevskii Sergei Sergeevich using funds attracted sponsors and entry fees of participants. The costs of secondment, accommodation and meals of participants and their coaches have to be taken by sending organizations or athletes themselves.

16. Contact detail.

Dluzhnevskii Sergei Sergeevich – organizer, phone number +7 (911) 545-55-30

Novikov Stepan Viktorovich – organizer, phone number +7 (911) 514-77-74

Official website of the federation: <http://wrpf.pro/en/>

Official group in website “ВКонтакте”: <https://vk.com/worldrawpowerlifting>

Official group in website Facebook: <https://www.facebook.com/WorldRawPL>

Contact email: dluzhnevskiy@yandex.ru

17. Pay fee details.

The athletes pay the entrance fee at the time of the weigh-in.

This statement is an official call on competition.